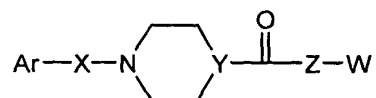


Abstract of the Disclosure

Compounds according to the formula:



and pharmaceutically acceptable salts, solvates or hydrates thereof; wherein group
5 Ar is optionally substituted (C₆-C₁₀)aryl or (C₁-C₉)heteroaryl; X is a direct link, -CH₂-, -SO₂-,
-CO-, -CHR¹- where R¹ is (C₁-C₆) alkyl, or -CR^{1'}R^{1''}- where both R^{1'} and R^{1''} are, independently,
(C₁-C₆)alkyl; Y is N or CH; and Z and W are as herein defined, and pharmaceutical
compositions thereof, and methods useful to facilitate secretion of growth hormone(GH) in
mammals.